

BAYSIDE ROCK'S JUNIOR & YOUTH CLIMBING TEAM

- ✓ No Joining Fee
- ✓ \$295 per term
- ✓ 10 Structured sessions with qualified staff
- ✓ Free Bayside Rock Team T-Shirt
- ✓ Sessions run for 1 & ½ hours
- ✓ Full gym membership for the duration of the term which means unlimited climbing!

ABOUT THE BAYSIDE ROCK CLIMBING TEAM

The Bayside Rock climbing team is the top level for junior climbers. Qualification is required and selection is made from the Development Classes by the team coach.

Being a part of the climbing team will provide the extra coaching required to prepare for not only local, but also State, National and even International competitions.

There are 10 structured sessions for the term but it is advised that team members train at least twice a week. Being a member of the team means you have a full gym membership for the duration of the term, allowing unlimited climbing at the gym for no extra cost.

Training will be run by Bayside Rock's head coach James Kassay. James has been climbing for over 15 years and has represented Australia 6 times. He is also a nationally accredited competition route setter so he knows the best ways to prepare the team for up and coming events.

STARTING EARLY APRIL - (WEEK 12TH APRIL 2010)

- Every **MONDAY** from **6pm to 7:30pm**
- 10 Structured sessions with qualified staff
- Unlimited Climbing (during term dates)
- Free Team T-Shirt

2010 TERM DATES

- First term - 12th April to 11th July
- Second term - 12th July to 3rd October
- Third term - 4th October to 17th December

Got more questions? Email us- contact@baysiderock.com.au